

2016 Spring Shanghai Gymnastics Huacao

Welcome to our brand new Huacao facility, our third gym and largest training centre yet! We are looking forward to another great season of flipping and tumbling. Passion and joy for the sport is what we all have in common and we are excited and proud to be part of your child's athletic journey.

HOW TO SIGN-UP

To sign-up your kids, please call us (186-2178-1281) or email us (shanghai.gymnastics@gmail.com) and let us know your child's name, age and gender and we will recommend a class. Please feel free to reach out to us with any questions you may have about our programs, coaches and facilities.

IMPORTANT INFORMATION

- Classes will begin the week of **April 4th and will go until June 19th.**
- Tuition payments must be made during first week of class
- Siblings discount available
- Make up sessions are possible within the term, but only with prior notice and approval of coaches.

PROGRAM CATEGORIES

Recreational For kids new to gymnastics!	<ul style="list-style-type: none">• For boys and girls of all ages• Designed to teach fundamental gymnastics skills through a progression system focused on technique and motor ability.• Kids spend time on all apparatuses in the gym as they develop balance, agility, strength, flexibility, body awareness, discipline and self-esteem.• Kids will love physical activity due to satisfaction and personal rewards that come from accomplishment and being fit.
Team By coaches recommendation after assessment	<ul style="list-style-type: none">• Emphasizes the development of strength, flexibility, and coordination required by complex gymnastics skills.• Athletes will be encouraged to compete at local, regional and even international meets.• Attendance to all practice times for the team group is mandatory.• Registration for this class is only by coaches recommendation after assessment.

TUITION FEES 2016

Hours of class per week	1	1.5	2	3	4	5	6
Monthly Plan	540 RMB	810 RMB	1,080 RMB	1,440 RMB	1,920 RMB	2,300 RMB	2,500 RMB
Spring 2016 April 4 - June 19 (Due by April 16)	1,375 RMB	2,065 RMB	2,750 RMB	3,500 RMB	4,125 RMB	4,815 RMB	4,950 RMB

* Annual Registration Fee: 250 RMB

SHANGHAI GYMNASTICS
美乐国际运动馆快乐体操俱乐部

www.shanghaigymnastics.com / 186-2178-1281 / shanghai.gymnastics@gmail.com

JINQIAO GYM (PUDONG): 2622 Jinqiao Lu, No. 59, Bldg. 1, near Jinxiu Dong Lu 浦东新区金桥路2622弄59号1号楼 近锦绣东路

CHANGNING/MINHANG GYM (PUXI): 789 Hong Zhong Lu, near Yan'an Xi Lu 闵行区虹中路789号近延安西路

HUACAO/QINGPU GYM (PUXI): 388 Shuanglian Lu, Bld. 6, 4/F 青浦区徐泾镇双联路388号 6幢4层

Shanghai Gymnastics Huacao 2016 Spring Schedule

388 Shuanglian Lu, Bld. 6, 4/F

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
RECREATIONAL							Birthday parties available upon request
Mommy & Me 2-3 yr old	By request						
Tumble Tots 3-5 yr old	3:50 pm - 4:50 pm			3:50 pm - 4:50 pm		10:00 am - 11:00 am 11:10 am - 12:10 pm	
Gymnastics 5-7 yr old	4:50 pm - 5:50 pm	3:50 pm - 4:50 pm		3:50 pm - 4:50 pm 5:00 pm - 6:00 pm		10:00 am - 11:00 am 4:30 pm - 5:30 pm	
Gymnastics 6-8 yr old		5:00 pm - 6:00 pm		6:10 pm - 7:10 pm			
Gymnastics 7-9 yr old						10:00 am - 11:00 am 11:10 am - 12:10 am	
Gymnastics 8-10 yr old		6:10 pm - 7:10 pm	3:50 pm - 4:50 pm 5:00 pm - 6:00 pm				
Gymnastics 10 yr old +						10:00 am - 11:00 am 11:10 am - 12:10 pm	
Boys Gymnastics						11:10 am - 12:10 pm	
Open Gym FREE! *** limited time only					4:00 pm - 6:00 pm		
COMPETITIVE							
Pre-Team AUS lvl 2 & 3	6:00 pm - 8:00 pm					12:30 pm - 2:30 pm	
Team AUS lvl 3 +			6:00 pm - 8:00 pm			2:30 pm - 4:30 pm	

*** Class schedule is subject to change. Please contact us ahead of time to sign-up.

Create your own class!

Our schedule doesn't fit yours? You can request to start your own class. Minimum 4 students.

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