

2017 Spring Shanghai Gymnastics Huacao

Welcome to our brand new Huacao facility, our third gym and largest training centre yet! We are looking forward to another great season of flipping and tumbling. Passion and joy for the sport is what we all have in common and we are excited and proud to be part of your child's athletic journey.

HOW TO SIGN-UP

To sign-up your kids, please register online at www.shanghaigymnastics.com/register. Please feel free to reach out to us with any questions you may have about our programs, coaches and facilities.

IMPORTANT INFORMATION

- 2017 Winter Session: **April 10 - June 25**
- Tuition payments must be made during first week of class
- Siblings discount available
- Make up sessions are possible within the term, but only with prior notice and approval of coaches
- Parents are NOT allowed inside the gym area unless invited by the coach. All gymnastics, team and routine decisions are made by coaching staff.

PROGRAM CATEGORIES

Recreational For kids new to gymnastics!	<ul style="list-style-type: none">• For boys and girls of all ages• Designed to teach fundamental gymnastics skills through a progression system focused on technique and motor ability.• Kids spend time on all apparatuses in the gym as they develop balance, agility, strength, flexibility, body awareness, discipline and self-esteem.• Kids will love physical activity due to satisfaction and personal rewards that come from accomplishment and being fit.
Team By coaches recommendation after assessment	<ul style="list-style-type: none">• Emphasizes the development of strength, flexibility, and coordination required by complex gymnastics skills.• Athletes will be encouraged to compete at local, regional and even international meets.• Attendance to all practice times for the team group is mandatory.• Registration for this class is only by coaches recommendation after assessment.

TUITION FEES 2017

Hours of class per week	1	1.5	2	3	4	5	6
Spring 2017 April 10 - June 25 (Due by April 17)	1,485 RMB	2,230 RMB	2,970 RMB	4,455 RMB	5,345 RMB	6,310 RMB	7,060 RMB

* Annual Registration Fee: 250 RMB

* Please contact us for Gymnastics Team pricing.



www.shanghaigymnastics.com / 186-2178-1281 / shanghai.gymnastics@gmail.com

JINQIAO GYM (PUDONG): 2622 Jinqiao Lu, No. 59, Bldg. 1, near Jinxiu Dong Lu 浦东新区金桥路2622弄59号1号楼 近锦绣东路

CHANGNING/MINHANG GYM (PUXI): 3213 Hongmei Lu, Hongchun Building, 3/F 虹梅路3213号3层红春大楼

HUACAO/QINGPU GYM (PUXI): 388 Shuanglian Lu, Bld. 6, 4/F, near Mingzhu Lu 徐泾镇双联路388号6幢4层 近明珠路

Shanghai Gymnastics Huacao 2017 Spring Schedule

388 Shuanglian Lu, Bld. 6, 4/F (near Mingzhu Lu)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
RECREATIONAL							Birthday parties available upon request
Mommy & Me 2-3 yr old	By request						
Tumble Tots 3-5 yr old	3:50 pm - 4:50 pm			3:50 pm - 4:50 pm		10:00 am - 11:00 am 11:10 am - 12:10 pm	
Gymnastics 5-7 yr old	4:50 pm - 5:50 pm	3:50 pm - 4:50 pm		3:50 pm - 4:50 pm 5:00 pm - 6:00 pm		10:00 am - 11:00 am 4:30 pm - 5:30 pm	
Gymnastics 6-8 yr old		5:00 pm - 6:00 pm		6:10 pm - 7:10 pm			
Gymnastics 7-9 yr old						10:00 am - 11:00 am 11:10 am - 12:10 am	
Gymnastics 8-10 yr old		6:10 pm - 7:10 pm	3:50 pm - 4:50 pm 5:00 pm - 6:00 pm				
Gymnastics 10 yr old +						10:00 am - 11:00 am 11:10 am - 12:10 pm	
Boys Gymnastics						11:10 am - 12:10 pm	
Open Gym FREE! *** limited time only					4:00 pm - 6:00 pm		
TEAM							
Pre-Team AUS lvl 2 & 3	6:00 pm - 8:00 pm		4:00 pm - 6:00 pm 6:00 pm - 8:00 pm			12:30 pm - 2:30 pm	
Team AUS lvl 3 +	6:00 pm - 8:00 pm		6:00 pm - 8:00 pm			2:30 pm - 4:30 pm	

*** Class schedule is subject to change. Please contact us ahead of time to sign-up.

Create your own class!

Our schedule doesn't fit yours? You can request to start your own class. Minimum 4 students.

