

# 2017 Gymnastics SUMMERsault CAMP

For a fun and active summer!



Our SUMMERsault CAMP provides an excellent avenue for physical activity, confidence and fun! Gymnastics is all about having fun, getting fit, and learning fundamental skills which promote flexibility, strength and balance. Keep your child active, safe and learning with our outstanding coaches.

Camp includes gymnastics & tumbling instruction, games, arts & crafts and so much more. Time is spent in all areas of the gym including the foam pit and trampolines.

## Frequently Asked Question

### Who can attend this camp?

Girls and boys 4 years old and over. Children under 4 are permitted on a case by case basis. Most of our campers are beginner gymnasts, but many intermediate and advanced gymnasts also attend camp! Your child just needs to enjoy being active and have fun!

### What should my child wear?

Girls can wear a leotard or comfortable shorts and a T-Shirt/tank top. Boys should wear comfortable shorts and a T-Shirt. Jewelry is not permitted & hair should be tied up. Shoes are not allowed in the gym. No jeans or oversized clothing!

### What should my child bring?

All campers should bring plenty of water and a healthy snack. Campers can use our microwave and refrigerator.

### How do I sign-up?

To sign-up, please email [shanghai.gymnastics@gmail.com](mailto:shanghai.gymnastics@gmail.com) or call **186-2178-1281**. Additional weeks/dates can always be added at a later time. Camp tuition must be paid at the time of registration with cash.

## About Shanghai Gymnastics

Shanghai Gymnastics Club provides Shanghai's top recreational and competitive gymnastics programs in three fully-equipped training centers in Pudong and Puxi. Founder Ted Wang is an American gymnast and certified coach with more than 20 years of gymnastics experience, including competing as a University of Michigan NCAA athlete and training with the Shanghai Provincial Team. Join the growing Shanghai Gymnastics family today!

**SHANGHAI GYMNASTICS**  
美乐国际运动馆快乐体操俱乐部

[www.shanghaigymnastics.com](http://www.shanghaigymnastics.com) / 186-2178-1281 / [shanghai.gymnastics@gmail.com](mailto:shanghai.gymnastics@gmail.com)

**JINQIAO GYM (PUDONG):** 2622 Jinqiao Lu, No. 59, Bldg. 1, near Jinxiu Dong Lu 浦东新区金桥路2622弄59号1号楼 近锦绣东路

**CHANGNING/MINHANG GYM (PUXI):** 3213 Hongmei Lu, Hongchun Building, 3/F 虹梅路3213号3层红春大楼

**HUACAO/QINGPU GYM (PUXI):** 388 Shuanglian Lu, Bld. 6, 4/F 青浦区徐泾镇双联路388号 6幢4层

# SUMMERsault CAMP



## CAMP DATES

Week 1 June 26 - June 30

Week 2 July 3 - July 7

Week 3 July 10 - July 14

Week 4 July 17 - July 21

Week 5 July 24 - July 28

Week 6 July 31 - August 4

Week 7 August 7 - August 11

Week 8 August 14 - August 18

Week 9 August 21 - August 25

## CAMP SCHEDULE

10:00 am - 11:00 am Warm-up + Gymnastics

11:00 am - 11:10 am Break

11:10 am - 12:00 pm Gymnastics

12:00 pm - 12:10 pm Break

12:10 pm - 12:30 pm Arts & Crafts

12:30 pm - 1:00 pm Gym Games

## AGES & LEVELS

Girls and boys 4 years old and over. Children under 4 are permitted on a case by case basis. Most of our campers are beginner gymnasts, but many intermediate and advanced gymnasts also attend camp!

## CAMP LOCATIONS

**JINQIAO** 2622 Jinqiao Lu, No. 59, Bldg. 1, near Jinxiu Dong Lu  
浦东新区金桥路2622弄59号1号楼 近锦绣东路

**HONGQIAO/  
CHANGNING/  
MINHANG** 3213 Hongmei Lu, Hongchun Building, 3/F  
虹梅路3213号3层红春大楼

**HUACAO/  
QINGPU** 388 Shuanglian Lu, Bld. 6, 4/F, near Mingzhu Lu  
青浦区徐泾镇双联路388号 6幢4层 近明珠路

## CAMP TUITION

**Half Week  
(3 days)** 1,400 RMB

**Full Week  
(5 days)** 2,000 RMB

**Registration Fee** 50 RMB \* Required for all campers not registered in previous gymnastics term.

**Discounts** 5% Early-bird pay before June 1

10% Siblings discount

10% Multiweek sign-ups

*\* Camp must be paid in full to receive discounts*

## CAMP REGISTRATION

Boys and girls of all ages, levels and body types are welcome! To sign-up, please email call 186-2178-1281 or email [shanghai.gymnastics@gmail.com](mailto:shanghai.gymnastics@gmail.com) with the following information:

- Camp week(s)
- Child's name, age and gymnastics experience if relevant
- Camp Location
- 3 days or 5 days camp